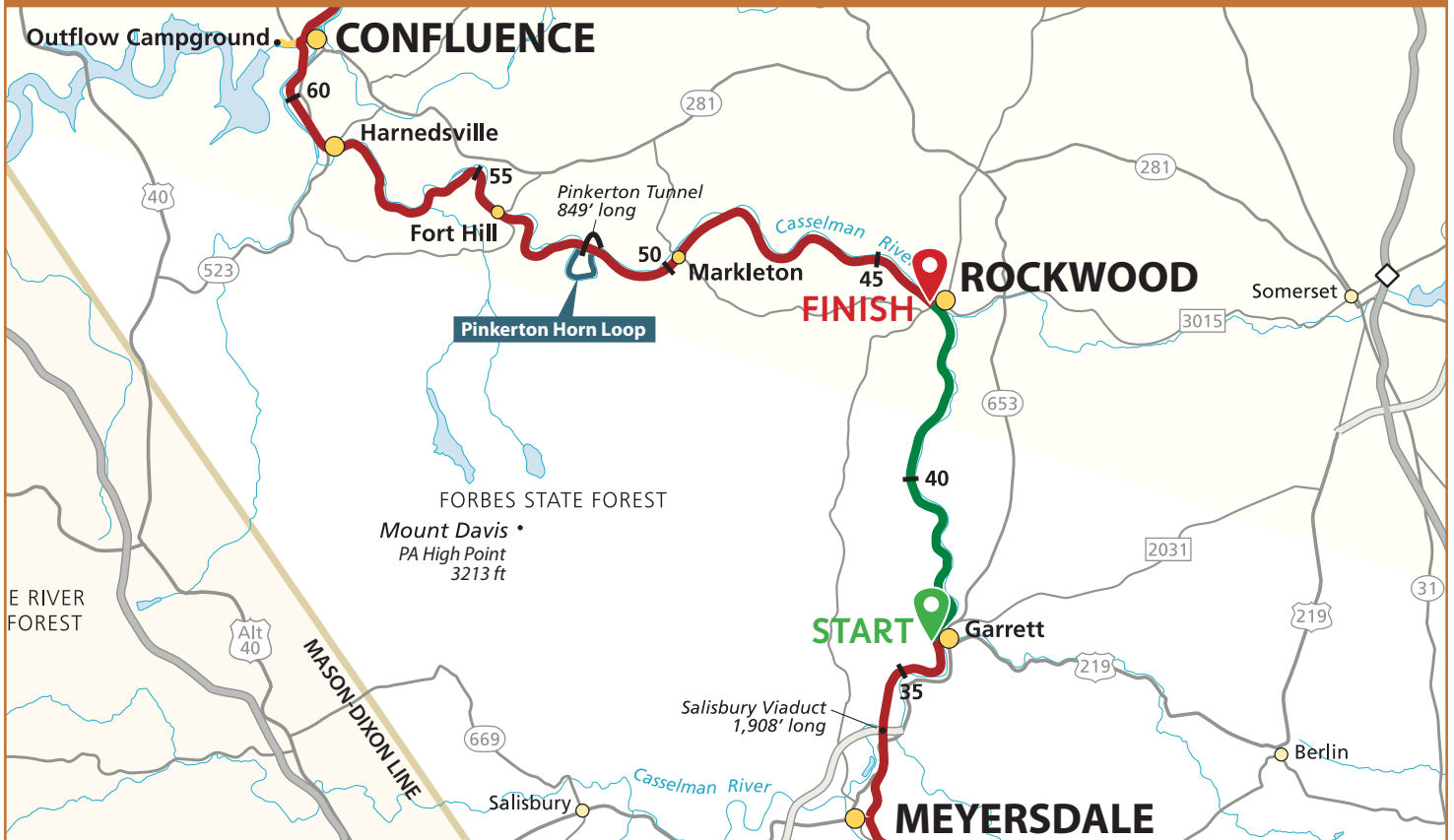




PRESENTED BY:
UPMC HEALTH PLAN

LEG 7/VAN 2



Map Courtesy of TrailGuide

GARRETT TO ROCKWOOD

Distance: 7.33 mi

Elevation: 588.6m - 566.2m (-22.4m)

Difficulty: Medium

Runner Information: While staying entirely along the GAP Trail, Leg 7 runs along the Casselman River for the majority of the course. The exchange point will be on the right after crossing Rockdale Rd.

VAN DIRECTIONS TO ROCKWOOD (39.91108, -79.16115):

- Take Berlin St to PA-653 W/Jackson St (0.2mi)
- Follow PA-653 W to Evergreen Dr in Black Township (7.8mi)
- Turn right onto Evergreen Dr (180ft.)
- Destination will be on the right